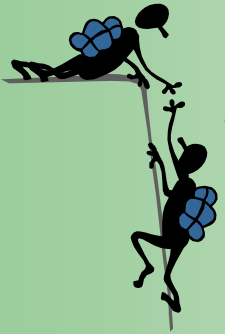


What is 'ACE Kids'?

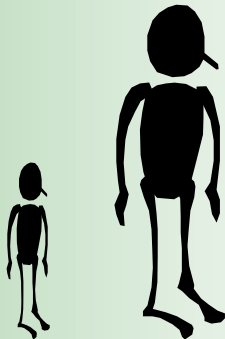


ACE Plus is a place for young people to come together, spend time with mentors and have fun —to:

**Accept
Challenges
Everyday**

There will be the opportunity to learn new skills, meet new people and play some games.

There will be time to get to know the other young people at ACE Plus.



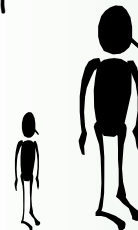
About the Sessions



Most sessions will start with an ice breaker/ game to help build the self esteem and social skills of the young people.

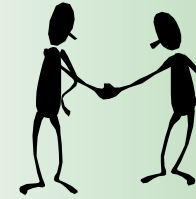
The aim is to help young people to be able to deal with the situations they will face in life and provide an insight into other Courses/ Areas such as :

- Dealing with Anger
- Building Self Esteem
- Basic Social Skills
- Internet Safety
- Cooking
- Health & Nutrition
- Circuit Training &
- More!



Each session will finish with a

About the Sessions



supervised open activity club, where the young people can enjoy themselves in a safe environment.

Trained, screened Mentors will be on hand to assist the young people and be able to guide and help them to achieve their full potential. Snacks & refreshments will be available.



What is Group Mentoring?

Group Mentoring is a place where young people can come together, and meet with mentors.

There will be a chance to talk about any problems or worries you may have with a choice of mentors.

Anything you talk about will be kept totally confidential.

GreenHouse Mentoring

The GreenHouse
16-22 St Thomas's Road
Stopsley
Luton LU2 7UY

Phone: ☎ 01582 528213
Email: ✉ ghm@stopsley.net
Web: 🌐 greenhousementoring.org.uk

GreenHouse Mentoring

GreenHouse Mentoring is a locally focussed, Luton based organisation, established in 2002, committed to provide a supportive and friendly place for young people, volunteers and staff alike.

We love to treat everyone in a uniquely personal way and help them to unlock their potential.

We provide quality, trained, screened volunteers from diverse backgrounds who choose to consistently meet with, mentor and help young people in Luton.

If you would like to know more about our organisation please contact us on 01582 528213 or email

ghm@stopsley.net



GreenHouse Mentoring

Tel: 01582 528213

ACE PLUS

Group Mentoring Skills Club Ages 11-13



GreenHouse
Mentoring

